

1. \_\_\_\_\_ for Anxiety (25-31)

- \_\_\_\_\_ – experiencing worry, nervousness, or unease or very eager and concerned to do something or for something to happen.
- The major agent of anxiety is \_\_\_\_\_.
- **Fear (25 and 31) ... don't worry...**
  - Worry – *mērimnaō* – to be anxious about, to take thought of.
  - Better translated “ \_\_\_\_\_ ...”
  - There is nothing wrong with \_\_\_\_\_, we just can't let \_\_\_\_\_ us.
    - 1 John 2:16
    - Mark 4:13-20
- **Fliers (26-28) Consider the birds...**
  - “Jesus said in effect, ‘When was the last time you saw a bird with an ulcer?’” – Tony Evans
  - Don't miss the fact that while the birds don't \_\_\_\_\_, they do \_\_\_\_\_.
    - 1 Timothy 5:8
    - Proverbs 19:15
- **Flowers (28-30) Observe how the wildflowers of the field grow...**
  - God is involved in the most minor details of His \_\_\_\_\_, so why would He not be involved in your life?
    - 1 Kings 10:4-7

2. \_\_\_\_\_ for Anxiety (32-34)

- **Seek Out (32-33) But seek first the kingdom of God and his righteousness...**
  - We seek God's kingdom by seeking His \_\_\_\_\_ and we can't be in His presence and not realize His \_\_\_\_\_.
- **Settle Down (34) ... tomorrow will worry about itself.**
  - It's impossible to have \_\_\_\_\_ when you're living in \_\_\_\_\_.
    - Psalm 38:18
    - Luke 10:41-42
    - Philippians 4:6-7
    - 1 Peter 5:6-7