

Running Lessons from Jonah

Jonah

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Four lessons on running we can learn from Jonah:

1. Jonah ran _____ God (1:1-16).

- Jonah went down to _____, down into the _____, down into the _____ of the ship, down into the _____, down the _____, and down into its _____.
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2. Jonah ran _____ _____ God (1:17-2:10).

- It's harder to _____ than it is to _____.
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3. Jonah ran _____ God (3:1-10).

- "The victorious Christian life is a series of new beginnings." – George H. Morrison
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4. Jonah ran _____ of God (4:1-11).

- Jonah was like both sons in the parable of the prodigal son:
 - He was like the _____ in chapter 1.
 - He was like the _____ in chapter 4.
 - Jonah had an issue of _____.
 - Jonah had an issue of _____.
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Are you okay with the fact that God loves people that you hate?